

Situational Interest Scale

Chen, A., Darst, P. W., & Pangrazi, R. P. (1999). What constitutes situational interest? Validating a construct in physical education. *Measurement in Physical Education and Exercise Science*, 3(3), 157-180.

19 Items

5 Dimension

Novelty

This activity is new to me.

This is a new-fashioned activity for me to do.

This activity is fresh.

Challenge

It is a complex activity.

It is hard for me to do this activity.

This activity is a demanding task.

This activity is complicated.

Attention quality

I was concentrated.

I was focused.

I was very attentive all the time.

My attention was high.

Instant Enjoyment

This activity is exciting.

It is an enjoyable activity to me.

This activity is appealing to me.

This is an exceptional activity

Exploration intention

I want to discover all the tricks in this activity

I like to find out more about how to do it.

I like to inquire into details of how to do it.

I want to analyze it to have a grasp on it.

5-point Likert Scale¹ (very untrue) to 5 (very true)

Cronbachs α = .78, .80, .90, .91, and .95