

Academic Behavioural Confidence scale (ABC)

Sander, P. & Sanders, L. (2003). Measuring confidence in academic study: A summary report. *Electronic Journal of Research in Educational Psychology and Psychopedagogy*, 1, 1.

24 Items

1 Dimension

1. Study effectively on your own in independent /private study.
2. Produce your best work under examination conditions.
3. Respond to questions asked by a lecturer in front of a full lecture theatre.
4. Manage your work load to meet coursework deadlines.
5. Give a presentation to a small group of fellow students.
6. Attend most taught sessions.
7. Attain good grades in your work.
8. Engage in profitable academic debate with your peers.
9. Ask lecturers questions about the material they are teaching, in a one-to-one setting.
10. Ask lecturers questions about the material they are teaching, during a lecture.
11. Understand the material outlined and discussed with you by lecturers.
12. Follow the themes and debates in lectures.
13. Prepare thoroughly for tutorials.
14. Read the recommended background material.
15. Produce coursework at the required standard.
16. Write in an appropriate academic style.
17. Ask for help if you don't understand.
18. Be on time for lectures.
19. Make the most of the opportunity of studying for a degree at university.
20. Pass assessments at the first attempt.
21. Plan appropriate revision schedules.
22. Remain adequately motivated throughout.
23. Produce your best work in coursework assignments.
24. Attend tutorials.

5-point Likert Scale (Not at all confident – Very confident)

Cronbachs α = .92