Academic motivation scale (ams-c 28) College version

Vallerand, R. J., Pelletier, L. G., Blais, M. R., Brière, N. M., Senécal, C. B., & Vallières, É. F. (1993). Academic motivation scale (ams-c 28) college (cegep) version. *Educational and Psychological Measurement*, *52*(53), 1992-1993.

28 Items

7 Dimensions

Intrinsic motivation - to know

Because I experience pleasure and satisfaction while learning new things.

For the pleasure I experience when I discover new things never seen before.

For the pleasure that I experience in broadening my knowledge about subjects which appeal to me.

Because my studies allow me to continue to learn about many things that interest me.

Intrinsic motivation - toward accomplishment

For the pleasure I experience while surpassing myself in my studies.

For the pleasure that I experience while I am surpassing myself in one of my personal accomplishments.

For the satisfaction I feel when I am in the process of accomplishing difficult academic activities.

Because college allows me to experience a personal satisfaction in my quest for excellence in my studies.

Intrinsic motivation - to experience stimulation

For the intense feelings I experience when I am communicating my own ideas to others.

For the pleasure that I experience when I read interesting authors.

For the pleasure that I experience when I feel completely absorbed by what certain authors have written.

For the "high" feeling that I experience while reading about various interesting subjects.

Extrinsic motivation - identified

Because I think that a college education will help me better prepare for the career I have chosen.

Because eventually it will enable me to enter the job market in a field that I like.

Because this will help me make a better choice regarding my career orientation.

Because I believe that a few additional years of education will improve my competence as a worker.

Extrinsic motivation - introjected

To prove to myself that I am capable of completing my college degree.

Because of the fact that when I succeed in college I feel important.

To show myself that I am an intelligent person.

Because I want to show myself that I can succeed in my studies.

Extrinsic motivation - external regulation

Because with only a high-school degree I would not find a high-paying job later on.

In order to obtain a more prestigious job later on.

Because I want to have "the good life" later on.

In order to have a better salary later on.

Amotivation

Honestly, I don't know; I really feel that I am wasting my time in school.

I once had good reasons for going to college; however, now I wonder whether I should continue.

I can't see why I go to college and frankly, I couldn't care less.

I don't know; I can't understand what I am doing in school.

7-point Likert scale (1= Does not correspond at all to 7= Corresponds exactly)

Cronbachs α:

Intrinsic motivation - to know = 0.714

Intrinsic motivation - toward accomplishment = 0.781

Intrinsic motivation - to experience stimulation = 0.797

Extrinsic motivation – identified = 0.620

Extrinsic motivation – introjected = 0.608

Extrinsic motivation - external regulation = 0.769

Amotivation = 0.775