Foreign Language Classroom Anxiety Scale (FLCAS)


33 Items

1 Dimension

(1) I never feel quite sure of myself when I am speaking in my foreign language class.
(2) I do not worry about making mistakes in language class.
(3) I tremble when I know that I’m going to be called on in language class.
(4) It frightens me when I do not understand what the teacher is saying in foreign language.
(5) It wouldn’t bother me at all to take more foreign language classes
(6) During language class, I find myself thinking about things that have nothing to do with the course.
(7) I keep thinking that the other students are better at language than I am.
(8) I am usually at ease during my tests in my language class.
(5) I start to panic when I have to speak without preparation in language class.
(6) It does not embarrass me to volunteer answers in German in my German class.
(7) Even if I am well prepared for my German class, I feel anxious about it.
(9) I feel confident when I speak German in my German class.
(10) I worry about the consequences of failing my foreign language class
(11) I don't understand why some people get so upset over foreign language class.
(12) In language class, I can get so nervous I forget things I know.
(13) It embarrasses me to volunteer answers in my language class.
(14) I would not be nervous speaking the foreign language with native speakers.
(15) I get upset when I don't understand what the teacher is correcting.
(16) Even if I am well prepared for language class, I feel anxious about it
(17) I often feel like not going to my language class.
(18) I feel confident when I speak in foreign language class.
(19) I am afraid that my language teacher is ready to correct every mistake I make.
(20) I can feel my heart pounding when I’m going to be called on in language class.
(21) The more I study for a language test, the more confused I get.
(22) I don't feel pressure to prepare very well for language class.
(23) I always feel that the other students speak the foreign language better than I do.
(24) I feel very self-conscious about speaking the foreign language in front of other students.
(25) Language class moves so quickly I worry about getting left behind.
(26) I feel more tense and nervous in my language class than in my other classes.
(27) I get nervous and confused when I am speaking in my language class.
(28) When I'm on my way to language class, I feel very sure and relaxed.
(29) I get nervous when I don’t understand every word the language teacher says.
(30) I feel overwhelmed by the number of rules you have to learn to speak a foreign language.
(31) I am afraid that the other students will laugh at me when I speak the foreign language.
(32) I would probably feel comfortable around native speakers of the foreign language.
(33) I get nervous when the language teacher asks questions which I haven't prepared in advance.

5-point Likert Scale (SA = strongly agree; A = agree; N = neither agree nor disagree; D = disagree)

Cronbach alpha=.93