

## Metacognitive Awareness of Reading Strategies Inventory

Mokhtari, K., & Reichard, C. A. (2002). Assessing students' metacognitive awareness of reading strategies. *Journal of Educational Psychology*, 94(2), 249-259.

30 Items

3 Dimensions

### *Global Reading Strategies*

1. I have a purpose in mind when I read.
3. I think about what I know to help me understand what I read.
- I preview the text to see what it's about before reading it.
7. I think about whether the content of the text fits my reading purpose.
10. I skim the text first by noting characteristics like length and organization.
14. I decide what to read closely and what to ignore.
17. I use tables, figures, and pictures in text to increase my understanding.
19. I use context clues to help me better understand what I'm reading.
22. I use typographical aids like boldface and italics to identify key information.
23. I critically analyze and evaluate the information presented in the text.
25. I check my understanding when I come across conflicting information.
26. I try to guess what the material is about when I read.
29. I check to see if my guesses about the text are right or wrong.

### *Support Reading Strategies*

2. I take notes while reading to help me understand what I read.
5. When text becomes difficult, I read aloud to help me understand what I read.
6. I summarize what I read to reflect on important information in the text.
9. I discuss what I read with others to check my understanding.
12. I underline or circle information in the text to help me remember it.
15. I use reference materials such as dictionaries to help me understand what I read.
20. I paraphrase (restate ideas in my own words) to better understand what I read.
24. I go back and forth in the text to find relationships among ideas in it.
28. I ask myself questions I like to have answered in the text.

### *Problem-Solving Strategies*

8. I read slowly but carefully to be sure I understand what I'm reading.
11. I try to get back on track when I lose concentration.
13. I adjust my reading speed according to what I'm reading.
16. When text becomes difficult, I pay closer attention to what I'm reading.
18. I stop from time to time and think about what I'm reading.
21. I try to picture or visualize information to help remember what I read.
27. When text becomes difficult, I reread to increase my understanding.
30. I try to guess the meaning of unknown words or phrases

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Global Reading Strategies: Cronbachs  $\alpha$ : .92

Problem-Solving Strategies: Cronbachs  $\alpha$ : .79

Support Reading Strategies: Cronbachs  $\alpha$ : .87